

SAINSBURY'S GLASGOW INTERNATIONAL MATCH

EMIRATES ARENA
24 JANUARY 2015



SPECTATOR GUIDE

EVENT DETAILS

EVENT TIMINGS:

DOORS OPEN: 11:15

OPENING SHOW: 12:56

FIRST EVENT: 13:16

LAST EVENT: 15:52

EVENT SCHEDULE:

[Click here](#) to view the event schedule

VENUE ADDRESS:

Emirates Arena,
1000 London Road,
G40 3HG

Allow Enough Time

We advise you to arrive at the venue early to ensure you don't miss out on any of the afternoon's action.

Planning Your Journey

Travelling by Road

At junction 2A on the M74, take the A74 exit to Tollcross / Cambuslang. At the roundabout, take the exit onto Fullarton Rd / London Rd / A74. Then take a left onto the East End Regeneration Route.

Please note there is no public car parking at the venue. Limited parking is available at Celtic Park over the road from the Emirates Arena.

Travelling by Bike

The Arena is only a 10 minute cycle from Glasgow City Centre and both Glasgow Central and Glasgow Queen Street train stations and has over 200 cycling spaces available.

Travelling by Bus

The nearest bus stops to the Emirates Arena are at The Forge Retail Park just a short walk away. To plan your bus journey please [click here](#)

Travelling by Train

The newly renovated Dalmarnock Rail Station is just a short walk from the Emirates Arena. Train services at this station run on a 4 per hour basis all day on Monday to Saturday on the Argyle Line through Glasgow Central Low Level. To plan your train journey please [click here](#)

Travelling by Plane

The arena is only 13 miles from Glasgow International Airport. To plan your plane journey please [click here](#)

What to wear

In what will be an action packed afternoon of athletics, bring your flags along and wear your team colours with pride!

Ones to watch

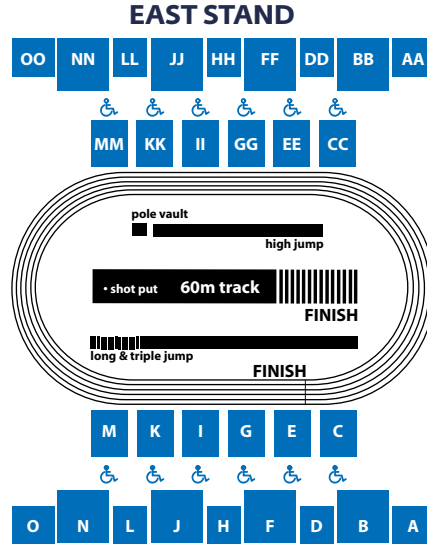
One of the leading names in the Scotland team, which contains no less than nine Glasgow 2014 Commonwealth Games representatives, will be 2014 World Indoor 4x400m silver medalist Jamie Bowie.

World Indoor 60m champion Richard Kilty will be one of the names to look out for in GB & NI colours, and he will be joined by the likes of Jess Judd in the 1500m, Chris Tomlinson in the long jump and Luke Cutts in the pole vault.

Watch out for a number of international stars on the track and field. In the French team is World Indoor 60m hurdles silver medalist Pascal Martinot-Lagarde and World Indoor long jump champion Eloyse Lesueur while Germany will be led by former European champion Verena Sailer in the 60m.

SPECTATOR HUB

OPEN: 11:15 - 13:00



Witness athletes begin their warm up prior to the match at the viewing platform, don't miss this unique opportunity!

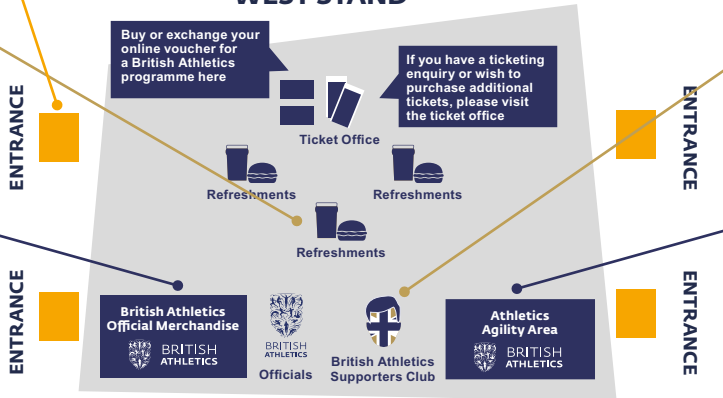
Make sure you don't miss Sainsbury's who will be handing out complimentary healthy snacks!

Feeling peckish? Treat yourself to range of tasty food and drinks.

British Athletics Official Merchandise offers a range of fantastic quality items. Get your hands on your very own mini Brit Bear!

Want to get involved in athletics? Visit the British Athletics Supporters Club and UKA Officials stands for more information.

The Athletics Agility Area is perfect for kids to get involved, try out their athletics skills and have fun!



Buy or exchange your online voucher for a British Athletics programme here

If you have a ticketing enquiry or wish to purchase additional tickets, please visit the ticket office

British Athletics Official Merchandise

BRITISH ATHLETICS Officials

British Athletics Supporters Club

Athletics Agility Area

HAVE A FANTASTIC TIME AT THE SAINSBURY'S GLASGOW INTERNATIONAL MATCH!

FOR MORE INFORMATION ON BRITISH ATHLETICS
EVENTS PLEASE VISIT BRITISHATHLETICS.ORG.UK

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