

SAINSBURY'S BRITISH CHAMPIONSHIPS

SEE THE NEXT BRITISH CHAMPION OF ATHLETICS

BIRMINGHAM · 3-5 JULY 2015
ALEXANDER STADIUM



SPECTATOR GUIDE

Event Timings

Friday 3 July 2015

Spectator Village open: 16:30

First Event: 18:04

Last Event: 20:05

Saturday 4 July 2015

Spectator Village open: 10:00

First Event: 12:00

Last Event: 19:05

Sunday 5 July 2015

Spectator Village open: 11:00

First Event: 13:10

Last Event: 17:49

Travel Information

Travelling by bus

From Birmingham City Centre you can take bus 51. Plan your journey by visiting the Network West Midlands website.

www.networkwestmidlands.com

Travelling by train

The nearest train station is Perry Bar which is around 20 minutes walk to Alexander Stadium along the A34. Alternatively, from Birmingham city centre's New Street Station, you can take bus 51 or take a taxi direct to the Stadium which takes approximately 15 minutes. Plan your journey by visiting the National Rail website.

www.nationalrail.co.uk

Travelling by car

From the M6:

All vehicles travelling from the North exit the M6 at Junction 7/A34 and follow the A34/Walsall Road approximately 2 miles before turning left into Church Road for Perry Park car parking.

Travelling by taxi

Taxi drop off is located outside the "Tennis Courts" pub on the Walsall Road heading in to Birmingham.

From the South:

All vehicles travelling from the South, exit the M6 at Junction 6/Aston Expressway/A34 and follow signs to Birchfield Road/A34. Follow the A34 for approximately 1.5 miles and then turn left into Perry Avenue for Perry Hall playing fields.

From Birmingham City Centre:

Join the A34 (Walsall) at Lancaster Circus roundabout. Continue on the road for approximately 3 miles taking the right lane for Walsall A34. Turn left onto Perry Avenue for Perry Hall playing fields.

Car parking available on site

Car parking is available on Perry Park. You can access this via the A34 Walsall Road, from the M6, Junction 7.

There will be a £5 car park charge.

Welcome to our champions

We would like give a warm welcome to our U20 County Champions who have joined us this weekend.

Ones to watch

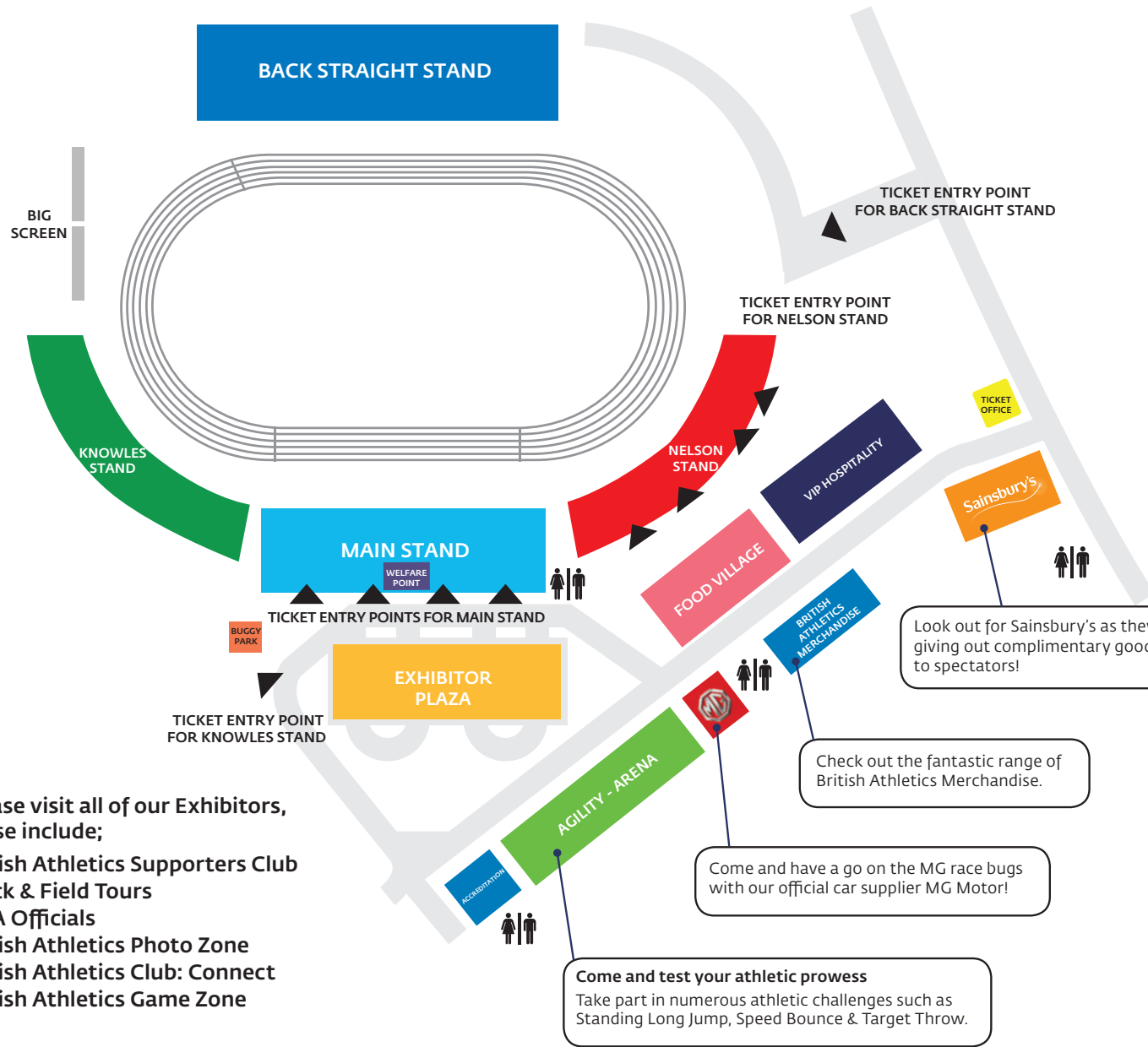
The men's 400m promises to be an intriguing affair. British relay stalwart Conrad Williams led the British rankings after an impressive 45.06 at the age of 33. Local Birchfield Harrier Jarryd Dunn clocked 45.22 in the same race and could be a dark horse, while Martyn Rooney and Matthew Hudson-Smith will be looking to recapture the form that saw them take gold and silver at the European Championships last summer.

In the women's 400m, Christine Ohuruogu will be looking to take the British title ahead of her World Championships defence in Beijing. Rising star Seren Bundy-Davies will be looking to cause an upset while Kelley Massey and Kirsten McAslan could also pose a threat.

The men's 800m appears to be wide open with a crop of under 23 athletes currently topping the UK rankings. Theo Blundell is the pick of these after a 1:47.14 PB in Belgium last month, Richard Charles, Jamie Webb and Kyle Langford could also threaten.

Indoor British champion Guy Learmonth will be keen to get back on track after a heavy fall cut his race short at the Sainsbury's Birmingham Grand Prix, while Andrew Osagie and Michael Rimmer can never be discounted.

Spectator Village



Look out for Brit-Bear who will be mingling with spectators throughout the weekend.

Look out for Sainsbury's as they are giving out complimentary goodies to spectators!

Check out the fantastic range of British Athletics Merchandise.

Come and have a go on the MG race bugs with our official car supplier MG Motor!

Come and test your athletic prowess
Take part in numerous athletic challenges such as Standing Long Jump, Speed Bounce & Target Throw.

- Please visit all of our Exhibitors, these include;
- British Athletics Supporters Club
 - Track & Field Tours
 - UKA Officials
 - British Athletics Photo Zone
 - British Athletics Club: Connect
 - British Athletics Game Zone

Sainsbury's Summer Series

BRITISH ATHLETICS

WE HOPE YOU ENJOY THE SAINSBURY'S BRITISH CHAMPIONSHIPS

FOR MORE INFORMATION ON BRITISH ATHLETICS EVENTS PLEASE VISIT BRITISHATHLETICS.ORG.UK

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